



Fall Prevention Check List	OK	Needs Attention	Not Applicable
Entrances			
Steps – is there a secure railing?			
Is the entrance well lit?			
Living Room and Bedrooms			
Can you easily turn on lights upon entering?			
Are electrical cords away from all areas where you walk?			
Are floors clear of clutter, shoes, and other items?			
Do you have throw rugs?			
Kitchen			
Is floor clear of clutter?			
Are all items within easy reach?			
Bathroom			
Is there a night light in the bathroom?			
Does shower or tub have non-skid surfaces?			
Does the tub or shower have sturdy grab bars?			
Are floors kept dry and do they have a non-slip surface?			
Does bathroom rug have non-skid backing?			
Are you able to get off and on the toilet easily?			
Stairways and Hallways			
Can stairway be lighted from top and bottom of steps?			
Is there a solid and sturdy handrail?			
Are steps in good shape?			
Are there small rugs or runners in your hallway?			
Outdoor Areas			
Are walkways free of breaks and uneven surfaces?			
Do you have sturdy stairway handrails?			
Do you have lighting to provide safe walking at night?			